

Rising Sun Yoga Teacher Training Application

Application Directions

- Please complete this application in full
- Please include a high resolution photo (headshot) of yourself.
- Email completed application to Michael@RisingSunYoga.com or drop it off at our location.
- Payment of the \$100 application fee may be made by cash or check made out to Rising Sun Yoga.
- Upon submitting the application, applicants will receive a 4-class pass to be used to take classes with our primary teacher training teachers – Michael and Tracy (please be sure to introduce yourself when you come to class as a teacher training applicant! We really would like to meet you!)
- Applications will be reviewed as they are submitted. If accepted, your \$500.00 deposit will be due within one month.

Name _____
First Last

Address 1 _____

Address 2 _____

City _____ D.O.B. _____

State / Province / Region _____

Postal / Zip Code _____ Country _____

Email _____

Mobile Phone Number _____ / _____ - _____

Secondary Phone Number _____ / _____ - _____ (h) or (o)

Web Site _____

Current Occupation _____

Signature _____

Please answer the following questions. Please use additional paper as needed.



The Rising Sun Yoga Center * Georgetown Square Plaza
5225 Sheridan Drive * Williamsville, NY 14221
RisingSunYoga.com * 716.632.5802 * michael@RisingSunYoga.com

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Please describe your yoga background, how long you have been practicing, and how often.
What style(s) or tradition(s) have you practiced? If at a studio, where and with whom? *

If you are a teacher, how long have you been teaching? What type of yoga do you teach? *

Why are you pursuing yoga teacher training? *

What specific areas or limbs of the yoga practice are you interested in? *

What has yoga taught you about you? *



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List any injuries or health conditions we should know about *

Education: Include any education that may provide a background for this training (chiropractic, medical, massage, anatomy, etc)

Describe your personal practice. Include frequency, duration, and how many years of asana, pranayama, and meditation



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