

Category	Item	Author	ISBN	Required
A&P	Anatomy Coloring Book	Kapit & Elson	978-0321832016	Yes
A&P	Anatomy of Movement	Blandine Calais-Germain	978-0-939616-57-2	
A&P	Anatomy Trains	Tom Myers	9780702046544	
A&P	Back Care Basics	Mary Pullig Schatz		
A&P	Physiological Handbook for Yoga Teachers	Mel Robin	1587360330	
A&P	The Breathing Book	Donna Farhi	978-0731806638	Yes
A&P	The Key Muscles of Yoga	Ray Long	978-1-60743-238-8	Yes
A&P	The Key Poses of Yoga	Ray Long	978-1-60743-239-5	
Asana	The Path of Fire and Light, Vol 1: Advanced Practices of Yoga	Swami Rama	0-89389-097-9	
Asana	Yoga Sequencing	Mark Stephens	978-1-58394-497-4	
Asana	Yoga the Iyengar Way	Mehta	86314197	
Asana, A&P	The Yoga of Breath	Richard Rosen	978-1-57062-889-4	
Asana, Philosophy	Light on Yoga	BKS Iyengar	805210318	Yes
Asana, Philosophy, Life Style	Science of Breath	Swami Rama	0-89389-151-7	
Asana, Philosophy, Life Style	The Royal Path: Practical Lessons on Yoga	Swami Rama	0-89389-152-5	
Asana, Philosophy, Life Style	Yoga Mind, Body & Spirit	Donna Farhi	0-8050-5970-9	
Ayurveda	Ayurveda The Science of Self-Healing	Dr. Vasant Lad	978-0-9149-5500-9	Yes
Ayurveda	Prakriti Your Ayurvedic Constitution	Robert Svoboda	978-0-9656-2083-3	
Ayurveda	Yoga & Ayurveda	David Frawley	0-914955-81-0	
Life Style	Nourishing Traditions	Sally Fallon	0-967089973-5	
Philosophy, Life Style	A Course in Miracles	Foundation for Inner Peace	9781883360269	
Philosophy, Life Style	A New Earth	Eckhart Tolle	978-0-452-28996-3	
Philosophy, Life Style	Autobiography of a Yogi	Yogananda	0-87612-079-6	
Philosophy, Life Style	Bhagavad Gita	Eknath Easwaran	978-1586380199	Yes
Philosophy, Life Style	Feeling is the Secret	Neville Goddard	9781603865449	Yes
Philosophy, Life Style	Hatha Yoga Pradipika	Swami Svatmarama	Rising Sun Yoga Teacher Training Forum	Yes
Philosophy, Life Style	Heart of Yoga	T.K.V. Desikachar	978-0-89281-764-1	Yes
Philosophy, Life Style	Living Your Yoga	Judith Lasater-Hanson	962713880	
Philosophy, Life Style	The Book of One - The Spiritual Path of ADVAITA	Dennis Waite	9781846943478	Yes
Philosophy, Life Style	The Essence of Yoga (Reflections on the Yoga Sutras of Patanjali)	Bernard Bouanchaud	81-7030-687-6	
Philosophy, Life Style	The Path of the Yoga Sutras	Nicolai Bachman	9781604074291	
Philosophy, Life Style	The Power of Awareness	Neville Goddard	9781612933191	Yes
Philosophy, Life Style	The Power of NOW	Eckhart Tolle	1-57731-152-3	
Philosophy, Life Style	The Yoga Sutras of Patanjali	Sri Swami Satchidananda	0-932040-38-1	Yes
Philosophy, Life Style	The Yoga Tradition	George Feuerstein	1890772186	Yes
Restorative Yoga	Relax and Renew	Judith Lasater-Hanson	0-9627138-4-8	
Sanskrit	The Language of Yoga	Nicolai Bachman	1591792819	Yes